



# St Helens Descriptions of Need Document



Effective Support for Children, Young People and Families

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#### Welcome

In St Helens we are committed to ensuring children, young people and their family's needs are identified and supported when they need it, and at the level they require to enable them to thrive and be safe. The best way to achieve this is when professionals work together with families. Effectively helping and supporting children, young people and families requires a commitment from all the agencies involved to have the same core values, knowledge and skills.

In St Helens all public sector services are working in partnership to manage the challenges of increasing costs and demand whilst seeking to maintain and improve quality. We have collectively developed St Helens Cares, a local care system that brings together a range of local service providers. Together we are jointly responsible for the quality and cost of care for local people.

The Executive Board of St Helens Cares and the St Helens Safeguarding Partnership are delighted that young people and parents documented their experiences of Early Help through multimedia, attending workshops and for their support in the writing of this document. It was their suggestion to change the name of the document from 'Thresholds of Need' to 'Descriptions of Need' and that we have 'four levels of need'.

Over 80 staff from a range of agencies actively engaged by attending workshops, sharing information about their roles and pledging to implement Early Help. Agencies also showed their commitment by forming the multi-agency writing group to develop and amend this document. Agencies included children's social care, early help, education, health, police, public health, safeguarding, , community, faith and voluntary sector and youth justice.

Sobren

Strategic Director People's Services / Clinical Accountable Officer



Young people and parents said...

"For young people and parents it is helpful to know the different agencies involved"

#### Introduction

It is important children and young people in St Helens grow up feeling safe and supported and achieve their full potential throughout childhood, teenage years and into adulthood. As every child and family is unique and situations change, children, young people and their families have different levels of need which may alter over time.

The aim of this document is to provide professionals working in partnership with families to assess the level of need and to plan the offer of support, which may include more than one service. Having a thresholds document and associated guidance is a requirement of Working Together to Safeguard Children (1), which is government guidance on inter-agency working to safeguard and promote the welfare of children.

This document replaces the 2014 'Threshold of Need' and 'Continuum of Need' documents. This document and associated guidance are set within the context of the work of the St Helens Safeguarding Children Partnership plan, the "Think Family" approach, and the St Helens Early Help Strategy. The "Think Family" approach was developed to improve the support offered to vulnerable children and adults within the same family. Individual needs are looked at in the context of the whole family, so those who use services are seen not just as individuals but as parents, carers or other family members.

All agencies and organisations in St Helens operate within the levels (thresholds) for delivery of services, working collaboratively to identify needs and provide support as soon as a problem emerges. As the level of need increases, services become increasingly targeted and specialised. There are also some differences in the processes used.

To inform any assessments undertaken at any of the levels, professionals should take into account the vulnerability within the family, the parents'/carers' feelings about their situation, and the wishes and feelings of the children and young people.

#### The purpose of this document is:

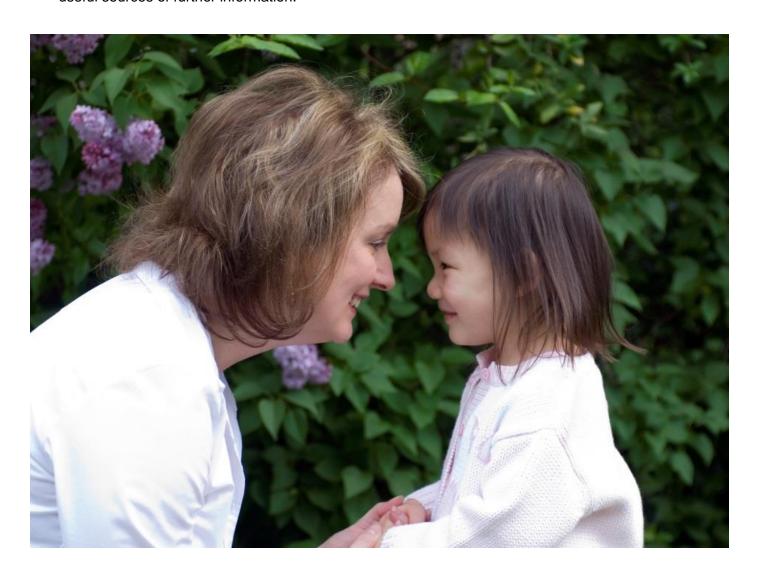
- To provide families and professionals with a practical understanding of the levels of need to support professional judgement and decision making.
- To help families and professionals to better understand the services and support available across the levels of need.
- To ensure both strengths and needs are assessed and action plans are formulated and agreed.
- To encourage more professionals to feel confident to offer help at the earliest opportunity and to work closely with other agencies.
- For families to feel supported so they are encouraged and enabled to find their own solutions and be proactive in engaging with services as required.

#### The four levels of need are:

- Level 1 Universal: Children and young people, including those with needs, whose needs are met by family, community and universally provided services.
- Level 2 Early Help: Children may have low levels of need or be susceptible to poor outcomes and would benefit from additional support and services to help them overcome difficulties. At this level, the assessment is the Early Help Assessment Tool (EHAT).

- Level 3 Child in Need: Children have a higher or more complex level of need requiring a
  multi-agency response, offering targeted support to improve outcomes. Children at this level
  meet the legal level (threshold) for a Child in Need assessment (Section 17) and should be
  referred to Contact Cares using a service request form to
  adultandchildrenteam@sthelens.gov.uk. The Contact Cares Team should only be alerted via
  phone calls if concerns relate to level 4.
- Level 4 Child Protection: Children or young people who are experiencing very serious or complex needs that are having a major impact on their achievement of expected outcomes. Their needs will be such that they require intensive support from specialist services. Children at this level meet the statutory level for Child Protection (Section 47 (1)) and should be referred to Contact Cares, telephone number 01744 676767. Concerns should be followed up in writing within 24 hours.

This document includes a summary of the levels (previously known as thresholds), a description of the levels of need and the processes used, and the Assessment Framework, which is used to outline the indicators of need. This is followed by chapters on support for families and professionals and useful sources of further information.



#### A young person said about Early Help...

"It helped the services to work sogether, and whilst they were doing different things they were next to each other."

## Chapter 1: Description of the four levels of need

The four levels of need are summarised in the diagram below. The descriptors of the levels are intended to help decision making in relation to considering levels of need and strengths; they should not be viewed as a replacement for professional judgement and line management advice. The levels are a guide; the needs of children, young people and families do not easily fit into categories or boxes.

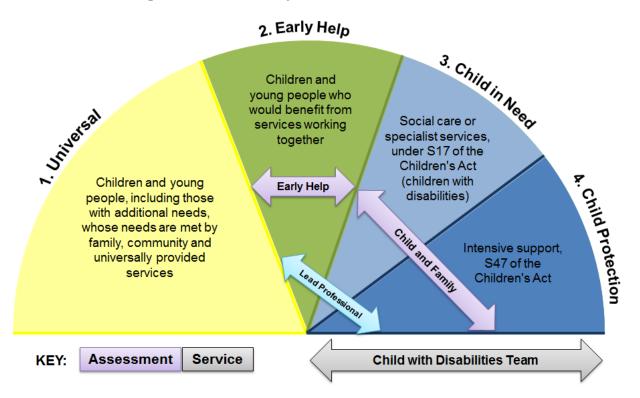


Diagram 1: Summary of the four levels of need

When using the descriptors, practitioners must consider a number of different risk factors and their impact. For example, there may be a child whose needs are in the main met, however the presence of a specific risk factor may lead the professional to consider that a specialist assessment is required. Professionals must consider the negative impact on the child or young person when a set of risk factors have been present for an extended time period. The number and length of time risk factors are present has a multiplication (cumulative) effect. Analysis of the available information and observations should inform next steps in relation to the child's/children's plan, and timescales for the plan to be implemented.

Research and experience indicate that very young babies are extremely vulnerable and that work carried out in the antenatal period to assess risk and to plan intervention will help to minimise harm. For more information see the St Helens Multi-Agency Pre-Birth Protocol (see sources of further information).

For children with Special Educational Needs and Disability (SEND), schools and other professionals should refer to the SEND Code of Practice, which references the need for a graduated approach (2).

A description of each level follows in the tables on the next few pages. Where there is identified harm or risk of suffering significant harm, Children's Social Csare should be contacted immediately via Contact Cares on 01744 676767

All professionals across the borough working with children, young people and families need to know how to escalate a case where they are worried that professionals are not working well together and as a result a child is not making good enough progress or is at risk. St Helens has a resolution policy (which replaces the escalation policy) and a complaints policy; see 'sources of further information'.

Table: Description of the four levels of need			
Level 1: Universal			
Definition	<ul> <li>Children and young people, including those with additional needs, whose needs are met by family, community and universally, provided services.</li> <li>Universal services have long(er) term involvement with children and families and play a key role in helping them throughout stages of life. Services are encouraged to help and support children and families to resolve need at this level.</li> <li>All services should help support children and families to find their own solutions.</li> <li>Sometimes children and families need more structured and focused help, for example, when they are going through challenging times. One professional may be able to provide the extra help that is needed, or help the family to identify where to access the right help.</li> </ul>		
Example	<ul> <li>Children and young people, who reach their full potential, make good overall progress through the care of their families, communities and the support of a range of universally provided services; this could include welfare rights, debt management, health issues or behaviour management strategies in the home.</li> <li>For instance a school nurse or learning mentor is encouraged to offer support where they can, and where formal assessment and planning is not required.</li> </ul>		
Process	<ul> <li>Each agency uses its own processes and documentation.</li> <li>This is to include a plan that is co-developed with families and monitored to see if the plan has been implemented and agreed outcomes have been achieved and, if not, what the next steps are.</li> <li>The Early Help Assessment Tool (EHAT) checklist is available to support the consideration of information available and the agreed plan.</li> <li>All schools should have a clear approach to identifying and responding to special educational need, one of the first responses should be high quality teaching (3).</li> </ul>		
Consent	<ul> <li>Each agency will have its own process for gaining and documenting consent.</li> <li>Article 8 of the Human Rights Act 1998 states that everyone has the right to respect for his or her private and family life, home and correspondence. Workers who have access to information about children and families must therefore treat any information as confidential.</li> <li>When an individual agency identifies needs that cannot be met by their service alone, consent to refer to an appropriate service should be obtained from parents or carers.</li> <li>Advice should be sought from your safeguarding lead or line manager if the child's main carer does not hold parental responsibility.</li> </ul>		
Lead	Not required.		
professional Definitions used by other services Information	<ul> <li>Example from 0-19: Universal services from the health visitor and school nurse ensure that families can access the healthy child programme, are supported at key times and have access to a range of community services (4).</li> <li>It is important to keep accurate and reliable records so that if required, information</li> </ul>		
sharing	can be shared appropriately and lawfully (providing there is the appropriate consent).		

#### Level 2: Early Help

Definition	<ul> <li>Children may have low levels of need or may be vulnerable to poor outcomes and require additional support and services to help them overcome any difficulties. Early Help can also prevent problems arising.</li> <li>Effective Early Help relies upon local agencies working together to: identify children, unborn babies included, and families who would benefit from Early Help; undertake an assessment of the need for Early Help; and provide targeted Early Help services to address the assessed needs of a child and their family, which focuses on activity to significantly improve the outcomes for the child.</li> <li>Providing Early Help is more effective in promoting the welfare of children than reacting later. Early Help is working together to provide support as soon as a problem emerges, at any point in a child's life, from the unborn through to the teenage years.</li> </ul>
Example	<ul> <li>There may be concern about a number of risk factors or one specific risk factor.</li> <li>The family either require additional support over and above universal services (level 1) or may have improved and no longer be at level 3 or 4.</li> <li>The level (threshold) for statutory social care intervention is not currently met.</li> </ul>
Process	<ul> <li>Local authorities, under section 10 of the Children Act 2004, have a responsibility to promote inter-agency cooperation to improve the welfare of children.</li> <li>The assessment and recording are supported by the Early Help Assessment Tool.</li> <li>The procedure is 'Think Family' (5).</li> <li>Additional support for the plan can be gained via the Level 2 Panel (5).</li> <li>Consider targeted interventions as part of the graduated response to SEND (3).</li> </ul>
Consent	<ul> <li>The consent of parents and young people of sufficient age and understanding is therefore required for agencies to share information or to hold a Family Action Meeting.</li> <li>Agencies should obtain informed consent to start the Early Help Assessment and begin to coordinate a plan of support.</li> <li>Advice should be sought from your safeguarding lead or line manager if the child's main carer does not hold parental responsibility.</li> <li>The Think Family Multi Agency Consent Form should be used to record consent to information sharing. The consent statement on the Early Help Assessment Tool system should be updated to include all agencies that are supporting the family.</li> <li>Unless there are very exceptional circumstances, meetings should not take place without the consent of parents and children of sufficient age and understanding. See the Think Family procedure (5).</li> </ul>
Lead professional	<ul> <li>A lead professional is identified from amongst the group of practitioners working with the unborn, child, young person or family. The lead professional is chosen through a process of discussion and agreement between those practitioners who are involved and in consultation with the family.</li> <li>If the case is referred to the Level 2 Panel and assigned a Family Intervention Worker, the lead professional will be informed of the outcome of panel and the recommended plan. The lead professional and allocated Family Intervention Worker should meet within 5 working days to agree the plan of work.</li> </ul>
Definitions used by local services	• Example from the Youth Justice Prevention Service: providing intervention to young people and their families who are identified at early onset of risk of offending or displaying antisocial behaviour in the community.
Information sharing	Effective sharing of information between professionals and local agencies is for effective identification, assessment and service provision (see page 19 in Working Together (1)). Participants attending the Family Action Meeting will share information documented within their report and relevant to the dimensions and domains of the Assessment Framework outlined in the Early Help Assessment Tool.
Level 3: Child	
Definition	<ul> <li>Where there are more complex needs, help may be provided under section 17 of the Children Act 1989 (Child in Need).</li> </ul>

	<ul> <li>Children have a higher or more complex level of need requiring a multi-agency response offering targeted support to improve outcomes.</li> <li>A Child in Need is defined under the Children Act 1989 as a child who is unlikely to</li> </ul>
	achieve or maintain a reasonable level of health or development, or whose health and development is likely to be significantly or further impaired, without the provision of services; or a child who is disabled.
Example	Children in Need may be assessed under section 17 of the Children Act 1989, in relation to their special educational needs, disabilities, as a carer, or because they have committed a crime.
	• Where concerns escalate beyond Early Help, and significant harm is likely or a child's level of development/welfare is compromised, the concern can be 'stepped up' for social care interventions where appropriate (6).
	<ul> <li>Similarly, where there has been social care interventions, and needs have been addressed, it can be 'stepped down' the levels to ensure continuation of support that is appropriately provided through multi-agency arrangements, which should prevent re-escalation at a later stage (6).</li> </ul>
Process	<ul> <li>Child in Need (CiN). Referrals are made using the Service Request Form which is sent to the Contact Centre on <u>adultandchildrenteam@sthelens.gov.uk</u>. Parents/carers consent needs to be sought before completing this. Once the service request form is received, screening is completed by the MASH Team and a decision is made as to whether to progress to the Duty Teams for a Children and Families Assessment (C&amp;F / Single Assessment).</li> </ul>
	<ul> <li>Consider targeted interventions as part of the graduated response to SEND, additional funding may be required. Learners necessitating long term interventions with personalised learning may require an Education, Health and Care (EHC) plan (3) and/or a Care, Education and Treatment Review (CETR) which are for those children and young people with learning difficulties and or autism who have been or may be admitted to a specialist mental health / learning disability hospital (7).</li> </ul>
Consent	The informed consent of parents and young people of sufficient age and understanding is required for agencies to share information or to hold a multiagency meeting.
	Unless there are very exceptional circumstances, meetings should not take place without the consent of parents and children of sufficient age and understanding.  If provide a record of the consent of the consent it records a record of the consent in the consent of the consent is recorded as the consent in the conse
	<ul> <li>If parents or young people choose not to consent it may raise questions as to why.</li> <li>If parents or young people are worried or not sure, they should be encouraged to speak to the professional(s) working with them about their concerns. For further guidance see Working Together (1).</li> </ul>
	Advice should be sought from your safeguarding lead or line manager if the child's main carer does not hold parental responsibility.  The Mattin Appendix Content of Samuel Leaders and the second information of the child's main care.
	<ul> <li>The Multi Agency Consent Form should be used to record informed consent to information sharing and a service Request Form should be completed.</li> </ul>
Lead professional	<ul> <li>The assessment is completed by a social worker; the lead professional is usually a social worker but can be one of the other services/agencies working closely with the family.</li> </ul>
Definitions used by others	The same statutory (legal) definition is used by all services.
Information sharing	<ul> <li>The same as for Early Help</li> <li>Effective sharing of information between professionals and local agencies is for identification, assessment and service provision. Meeting participants will share information documented within their report for a Child in Need Meeting and relevant to the dimensions and domains of the Assessment Framework.</li> </ul>
Level 4: Chil	d Protection
Definition	The Children Act 1989 introduced significant harm as the level which justifies compulsory intervention in family life and the best interests of the children.

	<ul> <li>Local authorities have a duty to make enquiries under Section 47 of the Children Act 1989 if they have 'reasonable cause to suspect that a child is suffering or likely to suffer significant harm'.</li> <li>Children or young people who are experiencing very serious or complex needs that are having a major impact on their achievement of expected outcomes. Their needs will be such that they require intensive support from specialist services.</li> <li>Neglect is the ongoing failure to meet a child's basic needs and is the most common form of child abuse.</li> </ul>
Example	<ul> <li>Concerns about maltreatment may be the reason for a referral to local authority Children's Social Care or may be detected during the course of providing social work services to the child and family.</li> <li>Cases of physical, sexual or emotional harm or where the child/children are experiencing neglect, or have been the perpetrator or victim of a serious crime.</li> </ul>
Process	<ul> <li>Referral is made to Contact Cares; telephone number 01744 676767. Screening is completed by the MASH Team. The case information is sent to statutory services for a Strategy Meeting to determine if Section 47 level is met.</li> <li>If the case is already open at Level 3, escalation is via internal processes.</li> <li>The Children and Families Assessment (C&amp;F / Single Assessment) is completed by a social worker.</li> </ul>
Consent	<ul> <li>Where possible, informed consent should always be gained from the parent unless informing the parent or person with parental responsibility would put the child or young person at further risk.</li> <li>Advice should be sought from your safeguarding lead or line manager if the child's main carer does not hold parental responsibility.</li> </ul>
Lead professional	A social worker will be the lead professional.
Definitions used by other services	<ul> <li>The same statutory definition is used by all services.</li> <li>Other useful definitions:</li> <li>Section 20: Some children may require accommodation because there is no one who has parental responsibility for them, because they are lost or abandoned or because the person who has been caring for them is prevented from providing them with suitable accommodation or care. Under section 20 of the Children Act, the local authority has a duty to accommodate such children in their area (1). Children remanded (pre-sentencing) to a Youth Detention Centre automatically come under section 20 until or unless sentenced to custody. The Social Worker and Youth Justice Worker work collaboratively to schedule reviews (1).</li> <li>Section 31: where a child is in the care of the local authority, the local authority, as a corporate parent, must assess the child's needs and draw up a care plan which sets out the services which will be provided to meet the child's identified needs (1).</li> </ul>
Information sharing	<ul> <li>Effective sharing of information between professionals and local agencies is essential for identification, assessment and service provision. See also page 19 in Working Together (1).</li> <li>Meeting participants will be expected to provide information to a Strategy Discussion/Meeting and any subsequent Child in Need Meeting or Child Protection Case Conference/Core Groups. Any information unless confidential should be disclosed to parents.</li> <li>Information contained in the Child and Family Assessment, should be across the domains and dimensions and of the Assessment Framework.</li> </ul>

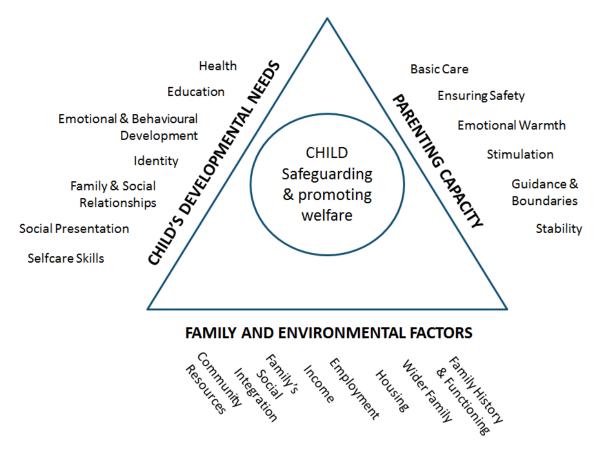
#### **Chapter 2: Assessment**

Research has shown that taking a systematic approach using a clear framework is the best way to deliver a comprehensive assessment for all children (1). At whatever level an assessment is being completed, the purpose of the assessment is to gather information, analyse need, assess risk, and decide on appropriate actions to improve the child's outcomes. The Framework of Assessment of Children in Need and their Families provides a systematic basis for collecting and analysing information to support professional judgements about how to help children and families in the best interests of the child (8). When completing an assessment, with parental consent, information should be gathered from previously involved services or locations to inform the current assessment and chronology. If consent is refused, advice should be sought in relation to what impact this could have on the child or young person.

A good assessment is one which investigates the following three domains, see diagram 2 below:

- The <u>child's developmental needs</u> considering adverse childhood experiences and trauma, also including whether they are suffering, or likely to suffer, significant harm
- Parents' or carers' capacity to respond to those needs
- The impact and influence of wider family, community and environmental factors

**Diagram 2: Assessment Framework** 



In making a professional judgement about level of need there are a number of key questions that should be given consideration:

- What is the evidence of impact on the child, in relation to their health and development or harm/likely harm?
- What is the evidence of impact on the unborn baby in relation to their health and development or harm/likely harm?
- What are the risks to the child if things do not change?
- What are the individual needs and views of each child in the family?
- What does the family's history tell us in respect of level of need, ability to engage, to make and sustain change, ability to work openly and honestly with involved professionals?
- What services or work has already been undertaken with the family and what impact has this had?
- Does the child receive specific support at school which indicates a Special Educational Need and Disability (SEND)?

The Signs of Safety model is designed to help practitioners with risk assessment and safety planning; it has four key questions (9):

- What are we worried/concerned about?
- What's working well?
- How worried/concerned are we?
- What needs to happen?

Risk assessment is the process of estimating and evaluating risk. Professionals must continually assess risk, during and after every successive contact. Risk assessment tools aid professionals to identify the likelihood and the severity of risk. All professionals are responsible for acting in accordance with the level of risk they have identified and following due process and organisational procedure. At the time of writing this document, we are updating our approach to risk assessment based on Signs of Safety and further guidance will be made available in due course. All risk assessment tools have limitations and are an aid to, not a replacement for, professional judgement. Below is an example of risk assessment based on Signs of Safety:

Example risk assessment tool based on Signs of Safety				
What are we worried What is working well? What needs to happen? about?				
Past harm (severity,	Existing strengths	Future safety/protection (what		
frequency, length of time, impact)  Existing safety/protection (strengths which demonstrate  must the caregivers do to address the future danger)				
Future harm (worries for the	protection from danger over What does the family want			
future if nothing changes)	time) generally an in relation to safety?			
Complicating factors (factors				
that make the situation more	that make the situation more Next Steps / Immediate			
difficult to resolve) progress				
Harm to Safe Continuum				
<ul> <li>On a scale of 0 to 10 where 0 means things are so bad that the child(ren) cannot live at home and 10 means the child is safe, where do you rate the situation? (If peoples judgment</li> </ul>				

Graded Care Profile 2 (GCP2) helps professionals measure the quality of care being given to a child. The GCP2 is included in the Early Help Assessment Tool and the Child and Family Assessment. It is an assessment tool that helps professionals to identify when a child could be at risk of harm. It is called Graded Care Profile 2 (GCP2) because different aspects of family life are 'graded' on a scale of 1 to 5.

Questions are broken down into 4 areas:

1. Physical, such as quality of food, clothes and health

differ, place different peoples number on the continuum)

- 2. Safety, such as how safe the home is and if the child knows about things like road safety
- 3. Emotional, such as the relationship between the carer and child
- 4. Developmental, such as if a child is encouraged to learn and if they are praised for doing something good (10)

It is important professionals are honest and respectful when completing any assessments with the family taking into account culture and family values, the strengths within the family system and building on these to develop sustainable change.

High quality assessments:

- Are child centred; where there is a conflict of interest, decisions should be made in the child's best interests
- Are rooted in child development and informed by evidence
- Are focused on action and outcomes for children

- Are holistic in approach, addressing the child's needs within their family and wider community
- Ensure equality of opportunity
- Involve children and families and take a whole family approach
- Build on strengths as well as identifying difficulties
- Are integrated in approach
- Are a continuing process not an event
- Lead to action, including the provision of services
- Review services provided on an ongoing basis
- Are transparent and open to challenge

The next chapter uses the three domains of the Framework of Assessment and the elements within the domains to aid professional judgement to determine at which level of need a child is at.



## **Chapter 3: Indicators of need**

The indicators of need are intended to aid decision making in relation to considering levels of need and strengths, they are not a replacement for professional judgement and line management advice (6). The levels are a guide; the needs of children, young people and families do not easily fit into categories or boxes. Professionals need to consider both the number of risk factors and the length of time they have been present.

When there is an immediate need to protect a child because they are being harmed or are at risk of harm the practitioner must contact the Local Authority Children's Social Care and/or police directly and make a telephone referral (Contact Cares 01744 676767). All practitioners must follow the prescribed referral process.

#### **Level 1: Universal**

Element	Indicators	Key Services	
Child's / Young Person's Developmental Needs			
Health	<ul> <li>Routine health appointments attended, early booking for pregnancy</li> <li>Regular dental/optical care</li> </ul>	Children's Centres  Dentists	
	<ul> <li>Good diet and exercise</li> <li>Developmental checks/immunisations up to date</li> <li>Speech and language development</li> <li>Development milestones and motor skills</li> <li>Sexual activity is age and developmentally appropriate</li> </ul>	Early Years Providers Family information Service	
	Good mental health	GPs	
Education	<ul><li>Enjoys and participates in learning activities</li><li>Has experiences of success and achievement</li></ul>	Health Visitors	
	<ul><li>Access to books and toys, play</li><li>Choices and encouragement</li></ul>	Healthy Living Team	
	<ul> <li>Sound links between home and school or electively home educated with no concerns identified</li> <li>Planning for career and adult life</li> </ul>	Housing	
Emotional and Behavioural Development	<ul> <li>Feelings/actions demonstrate appropriate responses</li> <li>Good quality early attachment</li> <li>Able to adapt to change</li> </ul>	Infant Feeding Team Leisure Services	
	<ul> <li>Able to understand others' feelings</li> <li>Takes responsibility for behaviour</li> </ul>	Midwives	
	<ul> <li>Responds appropriately to boundaries and constructive guidance</li> </ul>	Play Services	
Identity	<ul><li>Sense of self</li><li>Ability to express needs</li></ul>	Police	
	Positive sense of self and abilities	Public Health Nurses	
Family and Social Relationships	<ul><li>Stable and affectionate relationships with family</li><li>Is able to make and maintain friendships</li></ul>	School Nurses	
Social Presentation	Good hygiene, appropriately dressed	Schools and Colleges	
Self-Care Skills	Growing level of competencies in practical and emotional skills such as feeding, dressing and independent living skills	Voluntary and Community Sector  Youth Services	
		Touth Oct vioco	

Parenting Capacity			
Basic Care	Provides for child's physical needs e.g. food, drink, appropriate clothing, medical and dental care		
Ensuring Safety	<ul> <li>Protects from danger or significant harm in the home and elsewhere</li> </ul>		
	<ul> <li>Restricts/monitors internet access</li> <li>Takes reasonable steps in pregnancy to ensure own safety</li> </ul>		
Emotional Warmth	<ul> <li>Demonstrate positive feeling towards the unborn</li> <li>Facilitates cognitive development through interaction and play</li> <li>Consistency of emotional warmth over time</li> </ul>		
Stimulation	<ul> <li>Facilitates cognitive development through interaction and play</li> <li>Enables child to experience success</li> </ul>		
Guidance and Boundaries	<ul> <li>Provide guidance so that the child can develop a sense of right and wrong</li> <li>Ensures regular attendance at a school, alternative education placement or elective home education</li> <li>Young person does not go missing from home or care</li> </ul>		
Stability	Ensures that secure attachments are not disrupted		
	Family and Environmental Factors		
Family History and Functioning	<ul> <li>Good relationships with caregivers and siblings</li> <li>Affectionate with care givers</li> <li>Demonstrates feelings of belonging and acceptance</li> <li>Few significant changes in family composition</li> <li>Young person does not display any vulnerabilities which could place them at risk of being sexually or criminally exploited</li> </ul>		
Wider Family	<ul> <li>Positive relationships with peers</li> <li>Sense of larger familial network/good friendships outside of the family unit</li> </ul>		
Housing	<ul> <li>Accommodation has basic amenities and appropriate facilities</li> <li>Adequate furnishings and belongings</li> </ul>		
Employment	Working or in receipt of appropriate benefits		
Income Family's Social Integration	<ul> <li>Managing budget to meet individual needs</li> <li>Family feels part of the community</li> </ul>		
Community Resources	Access to good universal services in the community		

## Level 2 – Early Help

Element	Indicators	Key Services	
	Child's / Young Person's Developmental Needs		
Health	<ul> <li>Late booking for antenatal care, some missed antenatal appointments</li> <li>Foetal anomalies noted in pregnancy indicating</li> </ul>	Level 1 Universal services plus:	
	possible complex health needs  • Maternal drug or alcohol use in pregnancy	Alcohol and Drug Treatment Services	

	Motornal mantal health problems noted in prognancy	
	<ul> <li>Maternal mental health problems noted in pregnancy</li> <li>Teenage pregnancy (dependant on age and support</li> </ul>	Barnardo's
	required)	Barriardo
	Child not brought to developmental checks and	Behaviour
	immunisation appointments	Improvement Team
	Some missed health appointments	
	Early indicators of developmental delay	Child and
	Over or underweight / poor diet / serious dental decay	Adolescent Mental Health Services
	Low level or emerging experimental drug and alcohol	(CAMHS)
	misuse	
	<ul><li>Smoking</li><li>Low risk sexualised behaviour</li></ul>	Community
	<ul> <li>Low risk sexualised behaviour</li> <li>Chronic health condition (e.g. diabetes, epilepsy)</li> </ul>	Paediatrics Service
	Poor mental health impacting on day to day	
	functioning	Domestic Abuse Prevention Services
Education	Some identified learning or physical disability needs,	Prevention Services
	requiring support	Early Help Team,
	Issues around punctuality	Level 2 Panel
	Persistently absent from school (less than 90%)	
	attendance) or concerns about lack of progression in	Education Welfare
	elective home education	- " "
	Failure to meet age and or development related educational expectations	Family Nurse Partnership
	<ul> <li>Not always engaged in learning – poor</li> </ul>	Partifership
	concentration/low motivation/interest	Paediatric
	Limited access to books/toys, play	Continence Team
	Number of school moves	
	Language and communication difficulties	Psychology
	Not in post 16 education/employment or training	Sexual Health
Emotional and	Concern about developmental progress e.g.	Services
Behavioural Development	underweight/overweight/bedwetting/soiling	Corvioco
Development	<ul><li>Self-harm (including substance misuse)</li><li>Some evidence of inappropriate responses and</li></ul>	Speech and
	actions	Language Therapy
	Can find managing change difficult	Service
	Starting to show difficulties expressing empathy	Specialist Midwiyes
Identity	Some insecurities around identity expressed	Specialist Midwives
	Low self-esteem/self-confidence, feelings of	Specialist Perinatal
	worthlessness	Services
	May be affected by peer/gang pressure or have    May be affected by peer/gang pressure or have	St Helens Young
	knowledge of gang activity which is not age or	Carers
	developmentally appropriate	Weight Management
	Unsure or unable to disclose sexual orientation	Services
	Strong negative gender identification and roles	
	<ul> <li>Unexplained change in peer group – can be</li> </ul>	Youth Justice
	dominated	Service
Family and	Families affected by parental ill health or parent in	
Social	custody (absent parent)	
Relationships	Vulnerable to emotional difficulties perhaps in	
	response to life events such as parental separation e.g. child seems unduly anxious, angry or defiant for	
	their age	

Some currectures with peer group and or adults relationship  May experience bullying around "differences"  Self-isolation from family  May have a caring role for a family member which is affecting their education, health or social life  Teenage pregnancy (dependant on age and support required)  Concerns a young person has an older boy/girifriend  Can be over-friendly or withdrawn with strangers  Age or developmentally inappropriate appearance, language and or behaviour  Not always adequate self-care e.g. poor hygiene, self-neglect  Slow to develop age-appropriate self-care skills  Parenting Capacity  Basic Care  Professionals are beginning to have concerns as to whether a child's physical and emotional needs are being met  Engagement with services is poor  Parent or carers own physical, learning or mental health needs are beginning to impact on their ability to provide appropriate care  Concerns about parental drug/alcohol misuse and impact on parenting capacity  Little preparation for parenthood  Requires advice on parenting issues  Minor concerns et diethytgiene/lack of sleep  Ensuring Safety  Frequent accidents  Parental decisions affecting child safety  Current or previous parent/carer relationships where there has been abuse but appropriate action has been taken  Parental stresses starting to affect ability to ensure child's safety  Concerns about historical abuse  Some exposure to dangerous situations in the home or community including online violent and/or extremist websites or influences  Emotional  Warmth  Inconsistent responses to child by parent(s)  Some negative feelings about a pregnancy  Lowelf-esteem for learning  Spends considerable time alone e.g. watching television/computer games  Child is not often exposed to new experiences  Parent/carer offers inconsistent or distorted perspective of boundaries		0 1969 162 261 1 1 1 16	
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Child is not often exposed to new experiences  Guidance and  Parent/carer offers inconsistent or distorted			
Guidance and • Parent/carer offers inconsistent or distorted			
	Guidance and		
	Boundaries		

Stability	<ul> <li>Responds inappropriately to boundaries/constructive guidance</li> <li>Can behave in an anti-social way in the neighbourhood e.g. petty crime</li> <li>Young person has been reported missing from home or care less than 3 occasions in 30 days</li> <li>Parents fail to challenge extremist viewpoint</li> <li>Lack of routine in the home</li> <li>Key relationships with family members not always maintained</li> <li>Unstable family environment</li> <li>Multiple changes of address</li> </ul>	
	Family and Environmental Factors	
Family History and Functioning	<ul> <li>Parents have some conflicts or difficulties that can involve and impact the children</li> <li>Has experienced loss of significant adult e.g. through bereavement or separation</li> <li>Parent has physical or mental health issues</li> <li>History of abuse</li> <li>Child to adult abuse</li> <li>Parents ability to provide for the needs of disabled child</li> <li>Family attitudes that rationalize or minimise offending</li> <li>Concerns of potential involvement in criminal exploitation (11)</li> <li>Risk of sexual exploitation, including online communications and access to pornographic material (11)</li> <li>Signs of being bullied</li> <li>Caring responsibilities</li> <li>Child depressed, alone, anxious or feeling unhappy/misunderstood</li> <li>A child/young person is taking on a caring role in relation to their parent/carer, or is looking after</li> </ul>	
Wider Family	<ul> <li>younger siblings</li> <li>Extended family live in areas of conflict</li> <li>Family religious/cultural beliefs negatively affect role and responsibilities of child</li> <li>Age or developmentally inappropriate relationships</li> </ul>	
Housing	<ul> <li>Inadequate/poor housing</li> <li>Rent arrears put family at risk of eviction or proceedings initiated</li> <li>Risk of becoming homeless in the future but the threat of homelessness is not immediate</li> <li>Poor home conditions (GCP2 graded as 4 or 5)</li> </ul>	
Employment	<ul> <li>Periods of unemployment of the wage earning parent(s)</li> <li>Parents have limited formal education</li> <li>Parents starting to feel stressed around unemployment or working situation</li> <li>Barriers to employment opportunities</li> </ul>	
Income	<ul><li>Low income</li><li>Financial/debt difficulties</li></ul>	

Family's Social	Family may be new to the area	
Integration	Some social exclusion experiences	
	Negative influences from peer groups or friends	
	Marginalised from community	
Community	Family struggling to access universal services	
Resources	, 33 3	

## Level 3 – Child in Need

Element	Indicators	Key Services
	Child's / Young Person's Developmental Need	ls
Health	<ul> <li>Non engagement in antenatal care</li> <li>Significant maternal drug or alcohol use in pregnancy, poor engagement with services</li> </ul>	Level 1 Universal and Level 2 Early Help services plus:
	<ul> <li>Recurrent missed health appointments</li> <li>Diagnosis of significant development delay/ multiple/complex needs</li> </ul>	Catch22
	Concerns about poor diet, weight or serious dental decay not being addressed consistently	Children's Social Care
	Chronic health condition, non-compliance with care plan	Children's Community Service
	<ul> <li>Life limiting condition</li> <li>Palliative/end of life care</li> <li>Young person with recurrent sexually transmitted</li> </ul>	Family Support Services
	<ul> <li>infections, multiple partners, requests for emergency contraception</li> <li>Increased number of attendances with drug and</li> </ul>	Family Nurse Partnership
	<ul><li>alcohol related issues</li><li>Harmful sexual behaviour, medium risk</li></ul>	SEND Services, Specialist Health or
	Teenage pregnancy (dependant on age and support required)	Disability Services
	<ul> <li>Significant and or enduring mental health difficulties, and or accessing tier 4 mental health services</li> <li>Child or young person has been admitted to hospital</li> </ul>	Specialist Acute Paediatrics Service
Education	for 12 weeks or more  Significant learning needs and may have Education	Targeted Drug and Alcohol Support
	<ul><li>Health and Care Plan</li><li>Persistent absentee (less than 90% attendance)</li></ul>	Services
	<ul> <li>Evidence of fixed term exclusions</li> <li>Vulnerable pupils may be placed at greater risk if placed on a part-time timetable</li> </ul>	Targeted Early Help, including Children's Centres
	<ul> <li>Legal sanctions being considered due to no evidence of elective home education progression</li> <li>Subjected to managed transfer</li> </ul>	Targeted Sexual Health Services
	<ul> <li>Child missing education - not on a school roll or electively home educated</li> <li>Failure to meet age related expectations</li> </ul>	The Bridge Centre
Emotional and Behavioural	Finds it difficult to cope with anger, frustration and upset	Voluntary and Community Services
Development	Persistent Disruptive/challenging behaviour at school or in community	Youth Justice Service
	<ul><li>Cannot manage change</li><li>Unable to demonstrate empathy</li></ul>	

	Deposted epigodes of self-barrer and/an and at
	<ul> <li>Repeated episodes of self-harm and/or substance misuse</li> </ul>
Identity	<ul> <li>Demonstrates significantly low self-esteem in a range of situations</li> <li>Serious negative belief systems about gender</li> <li>Marginalised/over identification with group or</li> </ul>
	<ul> <li>ideology</li> <li>Little social relationships outside the home</li> </ul>
Family and Social	Is subject to discrimination e.g. racial, sexual orientation or disabilities
Relationships	Is subject to peer/gang pressure  Provided in the line of all and in the line of all all and in the line of all all and in the line of all all and all all all all and all all all all all all all all all al
	<ul> <li>Peers also involved in challenging behaviour</li> <li>Regularly needed to care for another family member</li> </ul>
	Known gang involvement
	<ul><li>Access to extremist networks</li><li>Teenage pregnancy (dependant on age and support</li></ul>
	required)
	<ul> <li>Where a child is living outside of their immediate family (private fostering)</li> </ul>
Social Presentation	Age or developmentally inappropriate behaviour/appearance/language
1 resentation	<ul> <li>Clothing is regularly unwashed</li> </ul>
	Hygiene problems
	<ul><li>Sudden display of unexplained gifts/clothing</li><li>Attitudes justify offending</li></ul>
	<ul> <li>Intolerant of others' views – resulting in</li> </ul>
0 10 0 01 31	dehumanising of perceived enemies
Self-Care Skills	<ul> <li>Poor or inappropriate self-care for age, including hygiene</li> </ul>
	Parenting Capacity
Basic Care	Struggling to provide adequate care
	<ul> <li>Previously looked after by local authority</li> <li>Parent or carers own physical, learning or mental</li> </ul>
	health need impacts on their ability to provide
	appropriate care
	<ul> <li>Professionals have serious concerns e.g. parental drug/alcohol misuse and its impact on parenting capacity</li> </ul>
	<ul> <li>Failure to prepare for parenthood</li> </ul>
Ensuring Safety	Child perceived to be a problem by parents
	<ul> <li>Current or previous parent/carer relationships where there has been abuse</li> </ul>
	<ul> <li>Parent, carer and or other significant adult are subject to Multi-Agency Public Protection</li> </ul>
	Arrangements (MAPPA) arrangements and they are
	identified as posing a risk of harm to other children and vulnerable adults
	Concerns about historical abuse
	May be subject to neglect
	<ul> <li>Parents hold extremist views and condone extremist behaviours</li> </ul>
Emotional	Receives erratic or inconsistent care
Warmth	Instability affects capacity to nurture

11 0 10 10 10
Has no other positive relationships
Unwanted pregnancy
Not receiving positive stimulation, with lack of
new experiences or activities
Deliberate restricting access to positive     Attribute and approximately access to positive
activities and experiences
Guidance and  • Erratic/inadequate guidance provided  • Parent not offering good role model e.g. behaving in
<ul> <li>Parent not offering good role model e.g. behaving in an anti-social way</li> </ul>
Parents enforcing unrealistic boundaries and
quidance
No restrictions imposed regarding access to extreme
sites/groups
Vulnerable to exploitation in respect of their online
communications and/or access to pornographic
material
Young person has been missing from home or care
overnight or has been missing on 3 occasions within
30 days
Parents frequently are unsure of children's whereabouts and or not reporting them missing
Stability • Has multiple carers
Limited attachments that are controlled by parents
Family and Environmental Factors
Family History   • Child sentenced to custody / placed in a secure
and Functioning environment
Incidents of domestic abuse between parents, this
may include controlling and coercive behaviours
Family have serious physical and/or mental health
difficulties
Family associated with extremist group/ideology  Family biotomy of original good involvement.
<ul><li>Family history of criminal gang involvement</li><li>Family attitude justifies offending</li></ul>
Child is at risk of Child Exploitation due to
vulnerabilities (11)
Wider Family  • Family has poor relationship with extended
family/little communication
Caring responsibilities with no agency support
Parents influenced by negative family, community,
cultural, religious beliefs and practices
Access to extremist networks
Over identification with group/ideology
Poor state of repair, temporary or overcrowded
Poor home conditions (GCP2 graded as 4 or 5)
Homeless, living in hostel     A young parent and 16 or 17 who appears to be
<ul> <li>A young person aged 16 or 17 who appears to be homeless or threatened with homelessness</li> </ul>
Exposure to victimisation/racism
Employment • Unable to gain or maintain employment due to lack
• • • • • • • • • • • • • • • • • • • •
of basic skills or long-term difficulties e.g. substance misuse
of basic skills or long-term difficulties e.g. substance misuse  Parents are stressed around unemployment or
of basic skills or long-term difficulties e.g. substance misuse

Income	Serious debts/poverty impact on ability to meet basic
	needs
Family's Social	Parents socially excluded
Integration	Lack of support networks
	Associating with young people who are sexually
	exploited
	Negative support networks
Community	Poor quality universal resources and access
Resources	problems to these and targeted services

## **Level 4 – Child Protection**

Element	Indicators	Key Services
	Child's / Young Person's Developmental Need	ds
Health	<ul> <li>Concealed pregnancy</li> <li>Sudden unexpected death of an infant, child or young person</li> <li>Non accidental or unexplained physical injury</li> <li>Bruising in non-mobile child</li> </ul>	Level 1 Universal, Level 2 Early Help and Level 3 Child in Need services plus:
	<ul> <li>Sexual activity/pregnancy in under 13</li> <li>Allegation of physical/sexual abuse</li> <li>Fabricated induced illness, significant risk identified following instigation of protocol</li> </ul>	Sudden Infant Death Syndrome (SIDS) Services
	<ul> <li>Significant mental health problems, multiple or significant suicide attempts</li> <li>Significant health concern associated to drug or alcohol misuse</li> </ul>	Specialist Looked After Children Services
	<ul> <li>Significant health concern associated with non-attendance/non-compliance</li> <li>Actively subverting weight management initiatives</li> <li>Teenage pregnancy (dependant on age and support required)</li> </ul>	Statutory Children's Social Care Services
Education	<ul> <li>Significant and or enduring mental health difficulties</li> <li>Entrenched school absence, (attendance significantly lower than 90%)</li> <li>At risk of permanent exclusion</li> <li>Subject to managed transfer</li> <li>Failing to meet age related expectations</li> <li>Legal sanctions being considered due to no evidence of elective home education progression</li> <li>No access to leisure activities</li> </ul>	
Emotional and Behavioural Development	<ul> <li>Regularly involved in anti-social/criminal activities</li> <li>Puts self or others in danger e.g. missing from home or in care</li> <li>Suicide attempts</li> <li>Children at risk of sexual exploitation</li> <li>Harmful sexual behaviour including child on child abuse</li> <li>Early onset of drug use</li> </ul>	
Identity	<ul> <li>Involved in manipulation and coercion of others</li> <li>Manipulation and coercion into negative cultural, religious activities</li> <li>Experiences persistent discrimination in relation to race, sexual orientation, gender, religion or disability</li> </ul>	

Family and	Subject to physical, emotional or sexual abuse or	
Social Relationships	neglect	
Relationships	<ul> <li>Periods of being accommodated by the Local Authority</li> </ul>	
	Family breakdown related in some way to child's	
	behavioural difficulties	
	Main carer for family member	
	Teenage pregnancy (dependant on age and support	
	required)	
Social	Involved with organised gangs or criminal activity	
Presentation	Discriminating on grounds of race, sexual	
Self-Care Skills	<ul> <li>orientation, gender, religious identity and/or disability</li> <li>Neglects to use self-care skills. For example, due to</li> </ul>	
Sell-Care Skills	alternative priorities such as substance misuse	
	Parenting Capacity	
Basic Care	Unable to provide "good enough" parenting that is	
Basio Caro	adequate and safe, including for unborn child	
	Mental health problems/substance misuse	
	significantly affects care of child	
	Parents were unable to care for previous children	
	Parents support and encourage extremist ideology	
	which is having a significant impact	
	Parents involved in drug dealing or other serious	
Ensuring Safety	<ul> <li>criminal activity</li> <li>Instability/violence in the home continually</li> </ul>	
Liisuing Galety	Current or previous parent/carer relationships where	
	there is abuse	
	Parent normalises situations of risk	
	Concerns about historical abuse	
	Parent, carer and or other significant adult are	
	subject to Multi-Agency Public Protection	
	Arrangements (MAPPA) arrangements and they are	
	identified as posing a risk of harm to other children and vulnerable adults	
	Parents unable to keep child safe	
	Victim of crime	
	Travel to areas of conflict	
	Engagement with extremist activity	
	Subject to traditional unsafe practices (e.g. female	
F "	genital mutilation)	
Emotional Warmth	Forced marriage, honour based violence	
vvaiiilli	Parents inconsistent, highly critical or apathetic towards child	
	Unwanted pregnancy	
Stimulation	No constructive leisure time or guided play	
	Encouraged to view/promote extremist	
	ideology	
	Denying access to positive activities and	
	experiences	
Guidance and	No effective boundaries set	
Boundaries	Regularly behaves in an anti-social way in the	
	community	
	Exhibiting behaviours to manage unrealistic and negative boundaries	
	negative boundaries	

	D 1 (1 (1	
Stability	<ul> <li>Beyond parental control</li> <li>Young person has been missing from home or care for 72 hours or on 9 occasions within 90 days</li> <li>Has no-one to care for child</li> </ul>	
Stability	Concerns regarding family travel to areas of conflict	
	<ul><li>Engagement in extremist activity</li><li>Relationships and attachments based on negative</li></ul>	
	influences	
	Family and Environmental Factors	
Family History	Unaccompanied asylum seeker	
and Functioning	Family relationships impose negative influence	
	Significant parental discord and persistent domestic	
	abuse, this may include controlling and cohesive behaviours	
	Indicators of female genital mutilation, forced	
	marriage or honour based violence, or trafficked	
	children or modern day slavery	
	Young person has disclosed current exploitation;	
	although the young person may not recognise it as this	
	Evidence the young person is a victim of or at high	
	risk of being a victim of any form of exploitation	
	Poor relationships between siblings	
	Family member has terrorism conviction	
	Family member is known to be a significant risk to children	
	Parents negative cultural, religious beliefs and	
	practices	
Wider Family	No effective support from extended family	
	Destructive/unhelpful involvement from extended	
	family	
	Intention to travel to area of conflict     Engagement in terrorist activity.	
Housing	<ul> <li>Engagement in terrorist activity</li> <li>Physical accommodation places child/unborn in</li> </ul>	
riousing	danger	
	Poor home conditions (GCP2 graded as 4 or 5)	
	Homelessness, 'sofa surfing'	
Employment	Chronic unemployment, severely affecting parent's	
	own identity	
	<ul> <li>Parent prioritises work over children's needs on a regular basis</li> </ul>	
Income	Extreme poverty/debt impacting on ability to care for	
	child	
	At risk of financial exploitation     Young person with access to an inexplicably large.	
	Young person with access to an inexplicably large amount of money	
Family's Social	Family chronically socially excluded	
Integration	No supportive network	
	Family members associated with extremist views     Family people of abuse	
Community	Family coerced into acts of abuse  Poor quality convices with long term difficulties with	
Resources	<ul> <li>Poor quality services with long-term difficulties with accessing target populations</li> </ul>	
.100001000	accessing target populations	

## **Chapter 4: Support for families**

A positive partnership between parents and agencies is a fundamental principle underpinning the successful promotion of children's welfare and the protection of children. However, parents may need independent support, information and advice to be able to participate fully in the system processes from an informed position, particularly where there is a divergence of views. Parents will be treated equally and without discrimination. This is regardless of the individual's ethnic background, language, culture, faith, gender, age, sexual orientation or any other aspect that could result in them being discriminated against (5).



Arrangements can be made, for example in Family Action or Child in Need Meetings, for parents/carers and children to be accompanied by an advocate or supporter if they choose or if they need independent support because of their vulnerability or having additional needs (5).

An advocate is generally someone employed by an advocacy organisation or a specialist solicitor without personal involvement with the service user. Examples of advocacy organisations include: the National Youth Advocacy Service for young people (NYAS); St Helens Information Advice and Support Service (IASS) for parent/carers; and N-Compass Advocacy Service for mental health. The role of the child's advocate is distinct from that of the parent's advocate as they each represent the views of their own client. A supporter will have an informal relationship with the service user such as friend, relative or member of a self-help group.

#### The goal of advocacy is:

- To empower parents and children to participate in the process from an informed position
- To promote good communication between parents, children and professionals

#### Feedback from parents and young people

During the workshops, parents and young people were asked for their views on Early Help and they said:

- Overcoming stigma: being referred to social services can make you feel like you are a 'bad parent', Early Help is voluntarily entered into and parents need to be able understand what Early Help is and that it is supportive and enabling.
- Consistent support: sometimes families go up or down a level or cross from one level to another. However, because the level has changed, it does not automatically mean that the parent feels any different. Thus it needs to be made clear 'what happens now' and 'where can I get support if I need it'.
- Achievable goals: It can be distressing for a parent or family to have a service 'come in'; there can be feelings of shame or guilt and it can knock your confidence. Sometimes different services

seem to have different 'must do's' and it can feel overwhelming. Therefore it is helpful to have a coordinated action plan and to know which things to focus on first.

• Consistency of worker: This is vital for the formation of trusting relationships. Parents and families understand that workers leave, go on holiday or can be off sick. Therefore it is really helpful if parents meet another member(s) of the team so that they are not shocked by someone 'knocking on their door' who they don't know.

## **Chapter 5: Support for staff (supervision)**

Through discussions at the Early Help Workshops, one of the themes identified by attendees was the importance of supervision. There was an acknowledgement that within different agencies, the quality and frequency of supervision varies. Thus, it was decided to include some key points on supervision within this document.

Supervision involves making the time and developing the practical structure to give support to coworkers. People needing care and support often say that services are only as good as the person delivering them. Any inability of workers to check understanding, seek support and assistance can be frustrating, damaging to confidence and potentially dangerous. Supervisees value supervisors who can address difficult issues in an open and honest way rather than focusing on blame and criticism. Challenging practice and creating an environment where it is possible to learn are essential elements of any supervisory relationship (12). Effective supervision benefits the worker, their managers, their organisation and crucially, the people being supported (13).

#### It requires:

- A clear supervision policy, with practice that supports that policy
- · Effective training of supervisors
- A strong lead and example by senior managers
- Performance objectives for supervision practice in place for all supervisors
- Monitoring of actual supervision practice both frequency and quality

#### The functions of supervision:

- Line management accountability, workload management, performance appraisal, duty of care
- Learning and development developing the worker's critical thinking and awareness of their work and how they learn more about it
- Support for both issues at work and anything in the worker's private life with which the workplace can legitimately help
- Supervision is part of the mechanism by which organisations protect their workers from vulnerability and isolation

 Often supervision in a care setting involves informal support, such as a more experienced coworker overseeing an inductee. Although non-managerial, this is still important and must be done to agreed standards

Examples of the knowledge, skills and values of a supervisor include:

- self-awareness recognising their own impact on others
- a positive expectations approach i.e. starting from the basis that staff generally want to do a good job
- knowledge of the factors that might affect performance, including where the supervisor may be a contributory factor
- an understanding of the factors affecting motivation to change
- skills in listening, giving constructive feedback and motivating others.

The exchanges that take place within supervisions are largely about work related matters and therefore attract limited confidentiality. Information contained within the supervision record is the property of the department and can be accessed by the supervisor's line manager at his/her discretion and Ofsted too (if they wish) (14).

Occasionally workers will want to discuss personal, non-work related issues (which may impact on their work). When this occurs, a higher level of confidentiality can be negotiated and a separate record kept – providing the information does not give rise to child care and Child Protection issues when the normal procedures would apply (14).

The frequency of supervision will depend on the role undertaken in the organisation, the experience of the employee and the departmental and professional/government guidelines.

There are different forms for supervision:

- Case Supervision one to one supervision that takes place in private at a pre-arranged time
  with an agreed agenda and preparation on behalf of both parties
- Peer/Group supervision this should not replace individual supervision but can be used to
  complement it. It will involve a group of staff; all involved in the same task, meeting with a
  supervisor to discuss issues about their work or the way they work together as a team. This
  can be single or multiagency.

It is the responsibility of the line manager to ensure supervision takes place. There should be an agreement between the supervisor and supervisee which includes:

- Frequency of supervision sessions
- Length of supervision sessions
- Location of sessions
- Main areas for discussion/agenda items

- Confidentiality issues
- All supervision meetings should be recorded by the supervisor
- To keep a record of what has been discussed
- To keep a record of any disagreements
- To contribute to the management of staff performance

New employees, apprentices, trainees, volunteers and those practitioners where there is a performance issue may need more frequent supervision. Issues arising from informal supervision may generate a formal supervision meeting e.g. safeguarding.

## Where do you go if you want advice about a specific child, young person and or family?

There are a number of sources of support; your first step should be to speak to your line manager and or safeguarding lead.

- For advice about Early Help, contact the Partnership Coordinators on 01744 671788.
- For advice about Child in Need or Child Protection contact the Contact Centre on 01744 676767.
- For staff working in an educational setting, contact the Safeguarding Children in Education Officer on 01744 673176.

It is your responsibility is to document the advice received and agree the next steps. If for any reason you are still concerned, seek guidance from your line manager in relation to the escalation / resolution procedure.

#### Sources of further information

Birth to five development timeline:
https://www.nhs.uk/Tools/Pages/birthtofive.aspx
Care, Education and Treatment Reviews (CETRs):
https://www.england.nhs.uk/learning-disabilities/care/ctr/care-education-and-treatment-reviews/
Child Exploitation Protocol (pan Mersey)
https://sthelensscb.proceduresonline.com/chapters/full_contents.html#cases
Child Neglect:
https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/neglect/
Common approach to Child Health (Catch):
https://www.sthelensccg.nhs.uk/local-services/catch-app/
Family Information Coming Directory
Family Information Service Directory:
https://www.sthelens.gov.uk/schools-education/family-information-service/family-information-service-directory/
Female genital mutilation:
https://www.gov.uk/government/collections/female-genital-mutilation
Graded Care Profile:
https://learning.nspcc.org.uk/services-children-families/deliver-nspcc-services/
Hoolthy Child Programme (NHS):
Healthy Child Programme (NHS):
http://www.healthychildprogramme.com/

Harmful Sexual Behaviours:

https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/harmful-sexual-behaviour/
http://sthelenslscb.org.uk/lscb/lscb/workforce/useful-documents
Information Sharing:
https://www.gov.uk/government/publications/safeguarding-practitioners-information-sharing-advice
Knife, gun and gang crime:
https://www.gov.uk/government/policies/knife-gun-and-gang-crime
Making a complaint:
https://www.sthelens.gov.uk/council/complaints/
Missing from home or care strategy:
https://sthelensscb.proceduresonline.com/chapters/full_contents.html#cases
Online Safety
https://www.sthelens.gov.uk/community-living/digital-st-helens/staying-safe-online/
Pre-Birth Protocol:
https://sthelenslscb.org.uk/lscb/lscb/workforce/useful-documents
Prevention of homelessness and provision of accommodation (16/17 yr. olds):
https://www.gov.uk/government/publications/provision-of-accommodation-for-16-and-17-year-olds-who-may-be-homeless-and-or-require-accommodation
who-may-be-nomeless-and-or-require-accommodation
Prevent Duty Guidance:
https://www.gov.uk/government/publications/prevent-duty-guidance
Private Fostering:

https://www.sthelens.gov.uk/social-care-health/children-and-families/private-fostering/

Resolution Policy:
https://sthelenslscb.org.uk/lscb/lscb/workforce/useful-documents
Sexual Behaviours Traffic Light Tool:
https://www.brook.org.uk/our-work/category/sexual-behaviours-traffic-light-tool
http://sthelenslscb.org.uk/lscb/lscb/workforce/useful-documents
Signs of Safety:
https://www.nspcc.org.uk/services-and-resources/research-and-resources/2013/signs-of-safety-
model-england/
St Helens Council:
https://www.sthelens.gov.uk/
St Helens Young Carers:
http://www.sthelensyoungcarers.org/
St. Helens Child Protection Procedures:
https://sthelensscb.proceduresonline.com/chapters/full_contents.html#cases
St Helens Safeguarding Children Partnership:
http://sthelenslscb.org.uk/
St Helens Missing and Child Sexual Exploitation Service:
https://www.catch-22.org.uk/services/st-helens-missing-child-sexual-exploitation-service/
Special Educational Needs and Disabilities (SEND):
https://www.sthelens.gov.uk/send

Transfer between Local Authority procedures:

https://sthelensscb.proceduresonline.com/chapters/full contents.html#cases

Think Family:

http://sthelenslscb.org.uk/lscb/lscb/workforce/useful-documents

Working together 2018:

https://www.gov.uk/government/publications/working-together-to-safeguard-children--2

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## **Revision History**

The document was launched in November 2018 and there were staff briefing sessions in November, December 2018 and January 2019; a number of agencies also briefed their own staff; data collected indicates 600 professionals have been briefed. In addition to feedback received from the briefing sessions the Writing Group reconvened in summer of 2019 to review and update this document. The main changes are:

- Front page: photo changed
- Page 2: updated the welcome
- Page 5: Diagram 1 was updated to include numbers for each level
- Pages 6-9: added in parental responsibility, informed consent and references for information sharing, more on the graduated response to SEND
- Page 11: added in the need to gather historical information to inform current assessment
- Pages 14-24: added in some 'key services', changed to age and developmentally appropriate, added in home education, added in missing from home, added in more on exploitation (including on-line), added in teenage pregnancy, added more on over/under weight, added in more on mental illness, added in clear definitions on school attendance, added in parents physical, learning or mental health and emotional needs, added more on history of abuse, added in more on parental conflict / domestic abuse, more on home conditions, added in length of hospital admission, sudden and unexpected death, and serious crime
- Page 26: additional contact information added into the section where to go for advice
- Page 28-29: new sources were added including information sharing, missing from home or care, online safety, child protection procedures, private fostering arrangements, and transfers between local authorities
- Page 31: as well as adding the revision history, the acknowledgements were updated

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Version Control	
Author	Multiagency Writing Group, led by Ruth du Plessis and Vicky Velasco
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