

# NEWSLETTER

Email: www.stjamesceprimary.co.uk

Twitter: @StJamesCEsth

Learn, Laugh and Live with the Love of God



Joyful Readers

Opportunities to Build Upon Knowledge and Skills

erstanding of British and Christian Values

ence and Perseverance

Nurture Curiosity

Encourage Articulate Learners

Your Wellbeing and Health

2023-2024 Issue Number 31 Friday 24th May 2024

## OUR VALUE THIS HALF TERM IS: **SERVICE**

A message from Mrs Young

Dear Parents and Carers,

What a fantastic end to the half term we have had this week!



Well done to all of the children who represented St James in the 'Ultimate Frisbee' competition on Monday - you did us all proud!



It was also brilliant to wave Y1 off on their Golden Shell experience to Knowsley Safari Park - what a 'roarsome' day they had!



On Tuesday we celebrated Cultural Diversity Day alongside all 19 school in our Trust. Well done to the children who showed real engagement and commitment to diversity.



Thank you to Father Michael for leading us in a Pentecost Eucharist Service on Wednesday and for welcoming Y1 into church to talk about baptisms. It was also lovely to hear about children making their confirmation on Sunday and we send our congratulations to all those now confirmed.



Thanks finally to all those able to join us for the coffee morning today, we hope you found it useful and informative.



We break up today as you know until Monday 3<sup>rd</sup> June. We really have a jam packed half term next half term so I do encourage you to make a note of the diary dates included in the newsletter.



Have a lovely break,

Best wishes,

Mrs Young

## **School Matters!**



Attendance		
Whole School	92.9%	
Reception	92.6%	
Year 1	91.8%	
Year 2	98.7%	
Year 3	91.4%	
Year 4	91.1%	
Year 5	91.1%	
Year 6	91.6%	





129



pupils
with perfect attendance this
week.

Can we beat this next week?

Equates to:	100%	PERFECTION
SCHOOL DAYS off each year	98%	IMPRESSTED (C)
7 SCHOOL Off each year	96%	>>> G00D
9 SCHOOL MAN OF PARTY AND	95%	NEARLY THERE
SCHOOL DAYS off each year	94%	NEEDS TO IMPROVE
20 SCHOOL DAYS off each year	90%	CONCERNS ovelerned to Educational Veoluse ( Persistent absenters)
30 SCHOOL DAYS of each year	85%	SERIOUS CONCERNS



## **Attendance Update**

We need to try really hard each and every week to make sure every year group is beating our <a href="#97%">97%</a> target—
this will help us to succeed!

Our attendance this week is:

94.6%





## Summer Attendance Competition

At St James we place huge importance on regular school attendance—the research speaks for itself and proves that those with the highest levels of attendance achieve great things!

We therefore now invite you to take part in our Summer 2 Attendance Challenge.

What do you need to do?



How can you win?

Come to school every day, and most importantly on time, between

Monday 3rd June and Friday 12th July

What can you win?

A mystery box of toys, games and arts and crafts to keep you busy over the Summer Holidays.



Well done to all of those children who attended school everyday on time for the this week. Your names all went into the prize draw. We are pleased to announce that this week's winner was **Roman McCabe**.

## Miss School Miss Out

If you're not coming to school, you will miss out on....





## **Journey Driver Focus:**

## **Nurturing Curiosity**

RECEPTION	Dominion Udeh
YEAR 1	Evie Comber
YEAR 2	Nylah Lee
YEAR 3	Mason
YEAR 4	Michael Inglis
YEAR 5	Matthew Murphy
YEAR 6	Lottie Hutton

## **Journey Driver Focus:**

## <u>Service</u>

Each half term, one child from each class is nominated by their class teacher for 'living out' our value of the half term. The value for this half term is 'Service'.

RECEPTION	Aria Hill-Price
YEAR 1	Evelyn McDonald
YEAR 2	Kleopatra Lee
YEAR 3	Massa Alsejnawi
YEAR 4	Madison Frater- Hassett
YEAR 5	William Gartside
YEAR 6	Chloe



# FOR YOUR SUPPORT



## Whole School events Summer 2

<u>Date</u>	Event
03/06/24	School opens at 8.40am
05/06/24	World Environment Day
05/06/24	Year 4 - Swimming starts
06/06/24	Year 6 Trip - Forest Camp
10/06/24	KS2 - Tri-Golf
12/06/24	Year 6 -Leavers Service Anglican Cathedral Liverpool 12.30pm
17/06/24	Refugee Week
18/06/24	Reception School Trip - Manchester Airport
20/06/24	Year 4 Trip - Liverpool Museum and Ferry Ride
21/06/24	Coffee Morning - Music 9.00am
21/06/24	World Music Day
26/06/24	Year 2 Trip - World of Glass
01/07/24	Outwood Academy Induction Day
02/07/24	Outlook Academy Induction Day
02/07/24	Reception vision Test
03/07/24	New Hope Charity Day
09/07/24	Sports Day - Times to be confirmed
12/07/24	Reception Assembly 9.00am
16/07/24	Reserve Sports Day
17/07/24	Year4 Swimming - Last Finishes
18/07/24	Year 6 Leavers Service - St James' Church 9.30am
19/07/24	Close Closes for Summer 2pm

# Summer Menu 2024

Week 1

### Monday

Pasta Bolognese Cheesy Pasta Bake (v) Carrots & Peas Choice of Sandwich (Ham, Cheese (v), Tuna May Rospberry Ripple Ice-cream

## Tuesday

Beef Burger/Southern Style Chicke Super Hotdog (v) Wedges & Sweetcorn

#### Wednesday

Pork Steak Dinner Savoury Mince (vr) & Swede, ( Yorkshire Pudding, Roast Potto, Carrot & Swede, ( Tortilla Wrap (Ham, Cheese (v), Tuna Mayo) Chacolate Brownie

## Thursday

BBQ Chicken Pizza Cheese & Tomato Pasta Bake (v) Pasta, Braccoli & Carrots

Filled Jacket Potato (Cheese (v), Sweetcorn (v), Baked Beans (v), Tuna Mayo) Fruit Salad

#### Friday

Breaded Fish Shapes Coated Nuggets (v) Chips & Peas undwich (Ham, Cheese (v), Tuna Mayo Homernade Cookle

## Week 2

#### Monday

n & Sweetcorn Homemade Pizza Sausage Roll (v) Pasta, Broccoll & Carrots Sandwich (Ham, Cheese (v), Tuna Mayo) Fruit & Ice-cream

Tuesday

All day Breakfast (v)
Sausage, Hash brown, Beans, Tornato)
Filled Jacket Potato
, Cheese (v), Tuna Mayo, Sweetcorn (v))

#### Wednesday

Chicken Dinner Quorn Dinner (v) Mash, Cauliflower, Carrots & Gravy Tortilla Wrap (Ham, Cheese (v), Tuna Mayo) Caoks Muffin

#### Thursday

Chicken Pie (Cooks Pick)
Chesse & Onion Bake (v)
Mashed Potatos, Seasonal vegetables
Filled Jacket Potato (Chicken in Graya, Cheese (v), Sweetcorn (v))
Shortbread

Fish Fingers / Salmon Bites Battered Nuggets (v) Chips & Beans Sandwich (Ham, Cheese (v), Tuna May Fruit & Jelly

Week 3

Monday

Tuesday

Wednesday

Sausage Dinner Sausage Dinner (v) Mashed Potato, Seasonal Vegetables, Gravy Tortilla Wrap (Ham, Cheese (v), Tuna Mayo) Banana & Raisins

Thursday

Chicken Curry & Rice
Cheese & Bean Potato Bake (v)
Seasonal Vegetables
Filled Jacket Potato (Chicken Curry, Cheese (v), Sweetcorn (v), Tuna Mayo)
Cooks Muffin

Friday

Beef Hotpot
Tomato & Mozzarella Panini (v)
New Potatoes & Broccoli
of Sandwich (Cheese (v), Ham, Tuna Mayo)
Ice-Cream with Summer Berry Sauce

Pasta Bolognese Two Cheese Pizza (v) Pasta, Peas & Sweetcom lolognese, Sweetcom (v), Cheese (v), Baked Beans (v)) Homemade Flapjock



Fish Fingers
Vegetable Fingers (v)
Chips, Peas & Sweetcorn
e of Sandwich (Ham, Cheese (v), To
Banana & Butterscotch Sauce

# **Schools Catering Service** 2023/24



28th September 2023 VEG POWER! SIMPLY VEG SHOWCASE

Celebrating and encouraging us all to eat more veg. A campaign by 'Veg Power'

7th March 2024

WORLD **BOOK DAY** 



6th - 10th November 2023 LACA - NATIONAL SCHOOL **MEALS WEEK** 



8th - 17th March 2024

BRITISH SCIENCE WEEK



12th November 2023 REMEMBRANCE SUNDAY

28th April 2024

NATIONAL

SUPERHERO DAY



**CHRISTMAS** 

LUNCH A traditional Christmas lunch



25th January 2024 BURNS NIGHT



10th May 2024 WOMEN'S

**FA CUP FINAL** 

Football themed menu as 11 vs 11 play at Wembley (Actual day 12th May)



17th July 2024 PARIS SUMMER **OLYMPICS 2024** 





## PE Days Summer 2

Children are to come to school in their PE kit on their PE days.

Monday Year 6

**Tuesday** Year 1, Year 2

and Year 4

Wednesday Reception,

Year 1, Year 3

and Year 6

\*Year 4

swimming

**Thursday** Year 5

Friday Year 2, Year 3

and Year 5

### **Seashells**



After a successful trial run, Seashells breakfast club will continue to open from 7.45am at a cost of £5 per session.



## **Clubs**

We are running the following after school clubs next half term:

- Monday-Fun Fusion Club for Y1, Y2 and Y3 with the Sports Coach
- Wednesday-LFC Football Club for Girls for Y4, Y5 and Y6 with LFC
- Thursday-Nature Club for YR with Mrs Boardman

-Build-a-Book Club for Y1 and Y2 with Miss Hunter

• Thursday- Football Club for Y4, Y5 and Y6 with Mr Moon and Mr Atherton

## Safeguarding Tip of the Week

### **PANTS**



When's the right time to talk PANTS? Every family is different, and when and where you have these conversations may depend on your child's age, or how grown up they are - it's all about whatever feels natural for you and them. Some examples of times you can talk PANTS are:

- After school If they've had a lesson on personal relationships or Talk PANTS at school, ask them what they remember when they get home.
- Bathtime you could start a conversation when you're running your child's bath, or helping them get dressed.
- Car journeys this can be a great time to talk, and your child will have plenty of time to ask questions if they need.
- Reading Read the new PANTS storybook together.
- Singing Sing along to our PANTS song with Pantosaurus!
- Swimming A great time to say that what's covered by swimwear is private.
- Walking Walking home from school, or a weekend walk to the shops.

For more information please see: <a href="https://www.nspcc.org.uk/keeping-children-safe/">https://www.nspcc.org.uk/keeping-children-safe/</a>



### **National Online Safety Tip of the Week**

## **10 Top Tips for Encouraging Healthy Friendships**

This week's free explores friendships between children and young people, offering advice on how to help them nurture healthy relationships with one another.

## 10 Top Tips for Parents and Educators **ENCOURAGING HEALTHY FRIENDSHIPS**

children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

### **GRANT FRIENDSHIP OPPORTUNITIES**

Encouraging children and young people to extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful

HENI

### LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

### HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

## MONITOR SCREEN

**30** 

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

## PROBLEM-SOLVING

Inevitably, friendships can run into problems. Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.

#### **EMPOWER THE** CHILD

When we give children and young people the confidence to choose their friends, navigate continence to cnoose their triends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

100 mg

### **TEACH EMPATHY**

'Healthy friendships' doesn't always mean 'perfect.' Sometimes, disagreements can happen. When we teach children and young nappen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

#### **BE OPEN TO QUESTIONS**

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people

more likely to come to us for help when they are

#### **UNDERSTAND** BOUNDARIES

One of the keys to a healthy friendship is One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set to others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more like to call someone out if they go too far.

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## 10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter increasingly irradial? Does their behaviour diter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

### Meet Our Expert





**National** College®





f /wuw.thenationalcollege



(O) @wake.up.wednesday





Mental Health Support Team

# Mersey Care NHS Foundation Trust

## WELLBEING WEBINARS

Your MHST is running a series of webinars one Friday a month on a number of topics relating to mental health and wellbeing.

#### **TOPICS AND DATES**

- · Worry Management 19 January
- · Parenting for Anxiety 23 Febraury
- · Low Mood 22 March
- Neurodiversity 26 April
- · Parent Skills for Behaviour 17 May
- · LGBTQ+ 21 June
- Emotional Regulation 19 July



WHEN

4pm to 4:45pm



WHERE

Zoom (link will be emailed)



To register please email which webinar you want to attend to events@merseycare.nhs.uk

Webinars will be recorded.

No chat function will be available for safety purposes.







ST JOHN VIANNEY CATHOLIC PRIMARY SCHOOL, ST HELENS, WAS 58T

S 07830 314782 M EF92SOCCER@GMAIL.COM 🚰 EF92 ACADEMY 👩 EF92ACADEMY







Leading the way in providing tech-based activities that are both inspirational and educational!

CLUBS

## MAY



Rainford High School Higher Lane, Rainford, WA11 8NY



29th & 30th May 2024 Wednedsay & Thursday



9am-3pm half days available

## Providing fun, educational activities-

Wednesday-Lego Robotics & Minecraft **Tuesday-** Digital Game Design & Minecraft Places are available to book for kids aged 5+













DAY

FREE ENTRY!



MELLOR AND BLACK ENCHANTED
TEA GARDENS,
22 DUKE STREET, WA10 2JP



STALLS
LIVE MUSIC
GAMES AND RAFFLE
FOOD AND REFRESHMENTS





Supporting Your Community











#### Go Active is supporting the National Drowning Prevention Campaign!

18th - 25th June

With many of us opting for staycations once again this year, the Royal Life Saving Society UK (RLSS UK), fears that families will flock to beaches and inland water locations this summer, without considering the potential dangers, putting themselves and others at risk. Or for those of us who will be venturing abroad for their summer holiday, they may find themselves using nonlifeguarded pools and therefore be at risk if they do not have the necessary water safety skills. Figures indicate that around 25 per cent of primary pupils leave school unable to swim, and experts fear that as a result of the pandemic many young people lacking the ability to swim or self-rescue.



Starting on Monday 20th until Friday 24th June during your swimming school lesson, all pupils will be completing compulsory Water Safety Sessions!



he water safety sessions are pre-planned sessions with your Swimming Instructors to focus on water safety, during Drowning Prevention Week.

#### During the above week, please support us by following the below guidelines:

- Leave your goggles at home! You won't need these for your water safety lesson (excluding prescription goggles).

  Please continue to bring your swimming costume or trunks.

  Please bring along a pair of trousers, and a 1-shirt! These will help to transform your lesson, to a day-
- to-day outdoor environment as if you were on holiday or near open water

See the following link to enjoy some fun water safety activities before you put it into practise during your swimming lesson! https://www.rlss.org.uk/news/entertain-your-rookies



**Enjoy Water Safely** 

Once you have completed your water safety lesson, you will be Congratulated with a Certificate to share with your family and friends

Well Done Certificate link' https://www.rlss.org.uk/Handlers/Download.ashx?IDMF=155b4827-297d-4186-8c4e-5cae3908db43

Good Luck and enjoy the National Drowning Prevention Campaign!





Enjoy Water Safely



